

You are about to
make one of the most
important and difficult
decisions of your life.



Bethany Christian Services
1221 Pierce Street
Sioux City, IA 51105
712-737-4831
www.bethany.org

1.800.BETHANY (238.4269)
24-hour nationwide
crisis pregnancy line

Bethany.org/Pregnant

ImPregnant.org

CORPORATE HEADQUARTERS
901 Eastern Ave NE
PO Box 294
Grand Rapids, MI 49501-0294



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**Pregnant?
Now What?**

PREGNANCY COUNSELING





"The idea of adoption came pretty easily for me—too easily, according to my pregnancy counselor. She encouraged me to take a serious look into parenting. That step was so important—I know why I chose adoption, but I also know why I chose not to parent."

- Bethany client who chose adoption

We're Here For You

FREE • CONFIDENTIAL PREGNANCY COUNSELING FOR WOMEN AND MEN

A Bethany counselor will help you find your own answers and respect your decisions. No matter what you decide, we are here for you and our services are completely free and confidential.

It's your choice, but you don't have to make it alone.

If you:

- are concerned about how your pregnancy may affect your future
- want to talk to someone you can trust— someone who will listen without telling you what you should do
- need information about your options without feeling pressured
- want facts about resources available to you
- need help with financial resources during your pregnancy

A professional, experienced counselor can help you explore your options and support you through your decision-making process at no cost.

"My Bethany counselor was like a third party looking in and didn't have her own personal opinion—like people who know you might. That was a big help. I was able to make the decision that was right for me and create a plan to help me be a good mom to my daughter."

- Bethany client who chose parenting



Financial assistance is available. We know that an unplanned pregnancy often adds additional stress and strain to finances that may already be stretched thin. How can you even begin to think about your pregnancy when you are stressed by more immediate needs?

We can help meet some of these needs and work with you to find the resources you need for the long-term, freeing you to focus your mind and energy on making the best decision for you and your child.

TALK:
1.800.BETHANY (238.4269)

TEXT:
ImPregnant to 88769

EMAIL:
pregnancyhelp@bethany.org

CHAT:
Bethany.org/Chat