



Donations really poured in this Holiday Season. Thank you to all who donated, participated in the Adopt-A-Family Program, or helped with a food or donation drive. Special thanks to Family Healthcare of Siouxland, Tri-Parish confirmands, Hope Lutheran SSC, PEO Chapter in Ponca, Holy Family Parish of Cedar County, First Lutheran SSC, Bourelle Martial Arts, and the Sederburg Family/Neighborhood/School.



**January is National Human  
Trafficking Awareness Month as well**



**as Stalking  
Awareness  
Month.  
Both use  
the color  
blue as  
their color  
of represen-  
tation.**

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lang=en](https://twitter.com/havenhousefsc?lang=en)



Jamberry consultants with SSC Haven House staff.



We had a great turn out at the SSC Library Meeting Room December 5th at our Jamberry Mani Mixer! We would like to thank everyone that donated items for our clients. Jamberry was able to donate materials and help host our mixer! Thank you again to this amazing team!!!

## New Staff

Scott Munsen joined our team as the part-time Outreach Coordinator at the South Sioux City office in December 2019. Scott has an educational background and three years of Domestic Violence experience working as an Iowa Domestic Abuse Program Facilitator. He is excited to be working for Haven House, eager to help our clients and be a part of our team. Scott and his wife have six children, two dogs, and live in Sioux City, IA.



## Upcoming Awareness Months:

**January** is both National Stalking Awareness Month and National Slavery and Human Trafficking Prevention Month. Please Join the Haven House staff to raise awareness about sexual violence in our communities.

**February** is Teen Dating Violence Awareness Month. Haven House is teaming up with Wayne State College on some upcoming awareness/healing events. We will also have a wear orange day on **February 11** to raise awareness.

#loveisrespect #1thing #TDVAM20 #orange4love

**April** is Sexual Assault Awareness Month (SAAM). Be watching for information on the Wear Teal Day of Action, **April 7, 2020**.

#SAAM #SAAMdayofaction

## New Signage at the Courthouses and SSC Police Department



These new Haven House signs are now on display at the courthouses and South Sioux City Police Department.

### Staff

Amy Munderloh.....	Executive Director
Shannon Ridenour.....	Outreach Coordinator
Connie Reyes.....	Shelter Manager
Debbie Goettsch.....	DV/SA Supervisor
Denise Tello.....	Bilingual Advocate
Lisbeth Ramirez .....	Enhanced Client Advocate
Kayla Johnson.....	Shelter Advocate
Scott Munsen.....	Outreach Coordinator

### Board of Directors

Laura Dendinger - President	Ed Mahon
Pat Browning - Vice President	Susan Koranda
Berenice Vallejo - Secretary	Domomic Consoli
Jeanie Sturm - Treasurer	Cindy Uthof

# haven·house

## Family Services Center

215 W. 2nd St. P.O. Box 44 \* Wayne NE 68787 \* 402-375-5433

# WINTER 2020

**24-HOUR  
CRISIS LINE  
800-440-4633**



Haven House is a United Way Agency

117 E. 28th St. \* S. Sioux City NE 68776 \* 402-494-7592

**Both offices open Monday through Friday, 8:30 a.m.-5:00 p.m.**

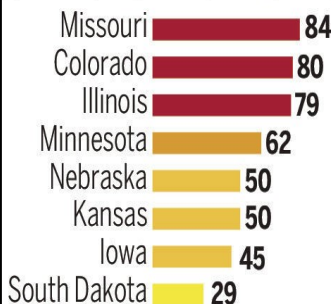
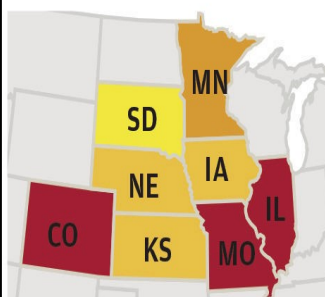
## January is National Slavery and Human Trafficking Prevention Month

In 2011, January was named National Slavery and Human Trafficking Prevention Month, making 2020 its 10th year. Although slavery was abolished in the United States years ago, slavery and human trafficking has become a growing problem today and a lucrative business for some. U.S. law defines human trafficking as the use of force, fraud, or coercion to compel a person into commercial sex acts or labor or services against his or her will (<https://humantraffickinghotline.org/what-human-trafficking>). In 2017, there were 8,759 cases of human trafficking reported to the National Human Trafficking Hotline and BeFree Textline. However, trafficking is notoriously unreported and likely that is only a small fraction of the actual numbers. Anyone can be a victim of trafficking, but some populations are more at-risk than others. Often perpetrators look for victims in vulnerable situations such as recent immigrants, people with mental health issues or substance abuse, or runaway or homeless youth. Traffickers also come from all racial, ethnic, and gender demographics. They aim to control their victims by means of physical and emotional abuse and threats, isolation from friends and family, and economic abuse. Victims often feel trapped and are afraid to leave due to shame, trauma, emotional attachment, and threats.

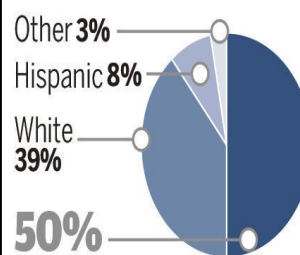
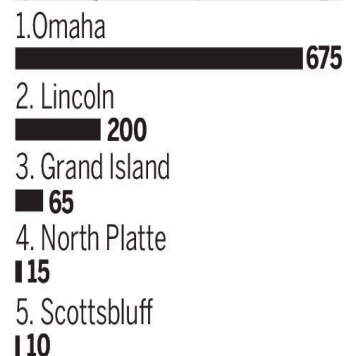
On November fourth, Wayne Haven House employees attended an all-day training event on the causes and effects of human-trafficking, particularly in Nebraska. The training hosted by Providence Medical Center and was presented by trainers from the Nebraska Human Trafficking Task Force and Women's Fund of Omaha. Attendees were medical professionals, law enforcement, attorneys, and more. This allowed for a great day of networking with other professionals along with learning about the serious problem of human trafficking. Topics included the definition of trafficking, complexity of trafficking, how to identify trafficking victims in our communities, and how to help trafficking victims. The South Sioux City staff has also been taking advantage of trafficking awareness events in the area in order to become better informed on the topic and to help better serve our community.

## Sex trafficking

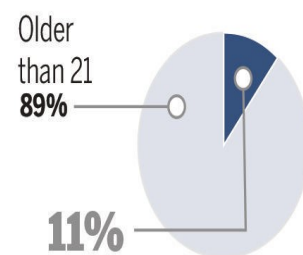
Number of individuals sold for sex per 100,000 inhabitants.



Average number of individuals sold for sex per month in Nebraska.



African-Americans represent only **5 percent** of Nebraska's population, yet they make up half of all the individuals sold for sex in the state.



The percentage of those being sold for sex online who are advertised as **under the age of 21**.

maps4news.com/@HERE, Lee Enterprises graphic

Source: Creighton University Heider College of Business

#1 Human Trafficking  
Prevention Month

## Inside This Issue

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#3 Agency happenings;  
New staff



**What is Human Trafficking?** Human trafficking is a form of modern-day slavery where people profit from the control and exploitation of others. It is the Force, Fraud, or Coercion of a human being for the personal profit and gain of another.

**What is Sex Trafficking?** Sex trafficking occurs when people are forced or coerced into the commercial sex trade against their will. #TraffickingStopsWithMe

**“In Nebraska** 900 individuals are purchased for sex every month, often multiple times. Based on this number, 70 to 75 percent show some sign of being underage or controlled by a third party – both indicators of trafficking,” Human Trafficking Initiative 2011.



What to do if you suspect human trafficking. You can report suspected human trafficking anonymously to the National Human Trafficking Resource Center Hotline at 1-888-373-7888. The tip will be brought to the attention of an FBI field office in the appropriate jurisdiction and local law enforcement who are trained at identifying human trafficking situations.

Give us a call if you need help. Haven House's 24/7 Crisis Line is 1-800-440-4633.

## Stalking Awareness

January is also National Stalking Awareness Month. January 2020 marks the sixteenth annual National Stalking Awareness Month (NSAM), an annual call to action to recognize and respond to the serious crime of stalking. It is critical to raise the issue of stalking as its own form of gender-based violence as well as a crime that frequently predicts and co-occurs with physical and sexual violence (stalkingawareness.org). **Stalking occurs when someone repeatedly harasses or threatens someone else, causing fear or safety concerns.** According to the National Intimate Partner and Sexual Violence Survey (NISVS), about 1 in 6 women and 1 in 17 men have experienced stalking in their lifetimes (<https://www.cdc.gov/features/prevent-stalking/index.html>). **Almost 3 out of 4 victims of stalking know their stalker in some capacity, and most commonly they are a former intimate partner.** People ages 18-24 are at highest risk of stalking victimization. Stalking victims suffer much higher rates of depression, anxiety, insomnia, and social dysfunction than the general population. Stalkers use a variety of behaviors to stalk their victims. Many use cell phones and social media to keep track of their victim or to call or text repeatedly. Stalkers also follow their victims, threaten directly or through friends and family, and may damage property or belongings. A victim of stalking should document evidence, never respond to or communicate with the stalker, tell someone they trust about the problem, notify law enforcement if necessary, and call 911 in an emergency. **Haven House is also here to help! We can help victims assess their situation, safety plan, fill out protection orders, refer to other services, and have support groups available.**

## Summary of 2019 Statistics

Services to 609 individuals

Shelter services to 33 people (21 adults, 12 kids)

609 Shelter beds and 1827 meals

Volunteers served 1334 hours

19 educational programs – to 594 people (audience)

### 2019 Adopt-A-Family Statistics

Served: 27 Households including 63 children throughout the service area

South Sioux City- 12 Adults and 22 Children

Wayne- 17 Adults and 47 children

Laurel- 17 individuals

Hartington- 14 individuals

Wakefield- 12 individuals



### Adopt-A-Family Program

Many of our clients are restarting their lives after leaving an abusive situation and their resources have become limited. Our adopt a family program helps these individuals still have a special Christmas as they continue to get back on their feet. If you are interested in participating by adopting a family call our Wayne office at (402)375-5433 or South Sioux City Office at (402)494-7592 anytime to sign up!