

Adopt a Family Warms the Hearts of Givers & Receivers

27 families, representing 27 adults and 70 children whose Christmases were made brighter by the generous gift giving of individuals, businesses and organizations.





Winter 2018

**24-HOUR
CRISIS LINE
800-440-4633**



Haven House is a United Way agency

215 W. 2nd St. P.O. Box 44 * Wayne NE 68787 * 402-375-5433

117 E. 28th St. * South Sioux City NE 68776 * 402-494-7592

Both offices open Monday through Friday, 8:30 a.m.-5:00 p.m.

January is Stalking Awareness Month

We all know that lyric from Adele's song *Hello*, and we've probably sung along to it not thinking twice about how ridiculous it sounds to call someone a thousand times. Many of us don't know enough about stalking to recognize the behaviors or understand how dangerous it can actually be. But the reality is scary: young people between the ages of 18-24 experience the highest rate of stalking. Stalking is a crime in all 50 states. Unlike other crimes, stalking is not a single, easily identifiable crime, but a series of acts, a course of conduct directed at a specific person that cause that person fear.

Stalking Awareness and Cyberstalking

- In the United States 7.5 million people are stalked in any given year.
- Of these, 1 in 4 victims are stalked over the internet.
- 46% of all stalking victims experience at least one unwanted contact per week.
- Nearly 3 in 4 stalking victims know their offender.

How cyberstalking works

Cyberstalking is a term that refers to the misuse of the internet or technology to stalk and harass someone. Individuals who obsess over others now have dozens of convenient online means by which to follow their prey such as e-mail, social media, messaging apps, or through online spaces and websites.

How to prevent cyberstalking

1. Know that anybody could be a potential victim of cyberstalking.
2. Take advantage of privacy settings; make your social media accounts private.
3. Don't post personal information on social media.
4. Be wary of emails, texts, and calls that ask for personal information.
5. Don't share your passwords with anyone.
6. Monitor your children's internet activity.

What to do if you think you are being stalked?

1) Trust your instincts. 2) Tell somebody you trust. 3) Keep documentation of all contact from the stalker. 4) Report it to the authorities.

#2 Donations and
Improvements

Inside This Issue

#3 Fall Stats and Outreach

Insert: 40 Years
Shelterbelt to Shelter

Ribbon Cutting, Service Learning and Donations



(Left) October Chamber Coffee and Ribbon Cutting for new office at 215 W. 2nd. (Right) Angela Fleming's Interior Design class helps create calming room with color and art. Donations large and small allow us to own our office in Wayne and make needed shelter improvements at our Dakota County shelter.



The Gardner Foundation presents check for \$75,000. Donald E. Nielson Foundation presents check for \$50,000.



The Mary Kay Foundation awards check of \$20,000.

Siouxland Big Give donated Big!



(Right) Pella Provided the egress window, Rod Bligh provided the know-how to install window at Dakota Co. Shelter. (Center) Amy's customers at Quality Foods round-up receipts for donation. (Left) Wayne High NHS students present check from schoolwide "penny-war."

Statistics Oct. 1st - Dec. 31st 2018

- Haven House provided services to a total of 124 clients.
- Emergency shelter services were provided to 13
- Individuals (6 adults + 7 children). Equaling a total of 316 shelter beds and 948 meals.
- 9 Educational programs - to a total audience of 291.
- 13 Volunteers contributed more than 1850 hours.

Vigil Held at Wayne State College

Haven House staff worked with WSC students and staff to begin Healthy Relationship Week. A vigil recognizing the all-too-real negative outcomes of Intimate Partner Violence was held outside Bowen Hall. Students shared hot cocoa, poems, wrote messages of affirmation and stood together as and with survivors.



Training Partnership Well Attended

Haven House and the Northeast Nebraska Public Health Department sponsored a day of training on October 18th. The morning session on Human Trafficking was provided by Anna Boatright from the Nebraska Attorney Generals Office. Tonya Bauman from Building Blocks Foster Care, covered Trauma Informed Care in the afternoon. Over 60 participants attended this well received and informative training opportunity at Our Savior Lutheran Church.

Staff

Amy Munderloh.....	Executive Director
Connie Reyes.....	Shelter Manager
Debbie Goettsch.....	DV/SA Supervisor
Denise Tello.....	Bilingual Advocate
Lisbeth Ramirez	Enhanced Client Advocate
Sara Arguello.....	Shelter Manager
Deborah Schmucker	Prevention Specialist
Michelle Meyer	Outreach Coordinator

Trunk or Treat

Trunk or Treat welcomed little ghouls, princesses, action heroes, sharks, zombies and ninjas to our new location. Groups, clubs and businesses provided the goodies!!!



Thanksgiving Baskets

WSC students in Jeff Meyer's PR in Sports class used their own cash to provide the ingredients for memorable Thanksgiving meals for our clients to prepare.

Quality Foods in
Wayne provided the turkeys.



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