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Summer 2023

Haven House Newsletter

June is...

Elder Abuse Awareness Month

Pride Month

Elder abuse is a serious problem in the United States. The available information underestimates the problem because the number of nonfatal injuries goes untreated. Many cases are not reported because elders are afraid or unable to tell police, friends, or family about the violence.

How can I report suspected elder abuse?

Adult protective services

You can reach the Eldercare Locator by telephone at 1-800-677-1116

Specially trained operators will refer you to a local agency that can help. The Eldercare Locator is open Monday through Friday, 9 a.m. to 8 p.m. Eastern Time.

Types of elder abuse

- Physical
- Sexual
- Emotional
- Psychological Abuse
- Deliberate/non-deliberate acts of neglect
- Financial abuse

What are the Warning Signs of Elder Abuse?

- Injuries such as bruises, cuts, or broken bones.
- Malnourishment or weight loss.
- Poor hygiene.
- Symptoms of anxiety, depression, or confusion.
- Unexplained transactions or loss of money.
- Withdrawal from family members or friends.
- Unpaid bill



LGBTQIA+ Pride Month is a positive stance against discrimination and violence toward the LGBTQIA+ community.

The month is dedicated to promoting self-affirmation, dignity, and equality rights, as well as aims to increase the LGBTQIA+ visibility as a social group while celebrating sexual diversity and gender variance.

**STRONGER
TOGETHER**

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Berenice Vallejo – Vice President
Domenic Consoli – Secretary
Jeanie Sturm – Treasurer

Susan Koranda
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Staff Highlights



Meet the intern

I am Myah Phillips, a Criminal Justice Major with a minor in Public Administration. I will be graduating with my bachelor's, in December, from Wayne State College. I am incredibly grateful for this opportunity to be interning with the amazing staff at Haven House, and looking forward to continuing to empower those we work with. Outside of school and interning, I love to read, spend time with my family, and watch baseball/softball (whichever one is on). I am really excited for this summer with Haven House and grateful that I get to continue to spread their mission of eliminating violence everywhere.



SEMINAR IN DALLAS

Haven Houses Executive Director Debbie Goettsch and advocates Amber and Connie were able to attend the National Conference on Crimes Against Women held in Dallas, TX. They participated in daily workshops, case studies, and interactive learning experiences to bring back to help serve our mission of empowering, educating, and advocating for victims of domestic violence, sexual assault, and trafficking.



Northeast Nebraska Family Violence Summit

Our Advocates, Amber and Katie, spent two days in Norfolk at a training event Hosted by Faith Regional Child Advocacy Center. There they learned about various topics, from how investigations work in human trafficking to different types of self-care for individuals in our field. They can't wait to take what they learned to help the community!



ADVOCATES IN ACTION

POLICE WEEK

Pictured above is Brittany and Katie. They spent the day spreading the love we have for our police departments! They dropped off seven baskets to some of our surrounding officers. We appreciate everything you do for our communities and are proud to work beside you.



BERRYCUTE PRIDE EVENT

Haven House participated in the Berry Cute Pride event organized by Winnebago two-spirit. Our advocates, Katie, Myah, and Julieta, attended a family-friendly event that included speakers, food, activities, and a color run while celebrating the LGBTQ+ community.



WSC 91.9 24HR TWITCH

Students at Wayne State College held a 24-hour livestream to spread awareness of domestic violence and raised \$1,250 for Haven House and their survivors.

NAMI WALK

Katie and Tamara went to the NAMI (National Alliance Mental Illness) walk to show support on how domestic violence affects mental health. In the event, they walked/jogged 2.5 miles and networked with other community members to bring awareness on mental health



SUICIDE PREVENTION



Domestic Violence can cause an emotional strain when someone is experiencing psychological, verbal, and emotional abuse.



988 Suicide & Crisis Lifeline - Dial or text 988 if you or someone you know is having thoughts of suicide or experiencing a mental health crisis or speak with someone you trust.

The Trevor Project - Call 866-488-7386 or Text START to 678-678 Supporting LGBTQIA+ young people during times of crisis.

UPCOMING EVENTS

July	National Minority Mental Health Month
	National Night Out Aug 1
Aug 17	National Nonprofit Day
	National Suicide Prevention Month Sept
Sept 4	All offices closed (Labor Day)
	Heartland Mental Health Walk Sept 9
Oct	Domestic Violence Awareness Month
	Wear Purple Day #PurpleThursday Oct 19