



SPRING 2019

**24-HOUR
CRISIS LINE
800-440-4633**



Haven House is a United Way Agency

215 W. 2nd St. P.O. Box 44 * Wayne NE 68787 * 402-375-5433

117 E. 28th St. * S. Sioux City NE 68776 * 402-494-7592

Both offices open Mondays through Fridays, 8:30 a.m.-5:00 p.m.

April is Sexual Assault Awareness Month

Sexual assault is a serious and widespread problem. Nearly one in five women in the United States have experienced rape or attempted rape at some time in their lives, and one in 67 men have experienced rape or attempted rape.

Sexual violence is often a traumatic event. Experiencing it can affect the way the brain and body work together. To survive, the brain and body have to process things a little differently in crisis mode. It's a survival technique. A survivor's response to trauma is a sign of bravery, resiliency, and strength.

When we talk about prevention, we mean stopping sexual violence before it even has a chance to happen. This means changing the social norms that allow it to exist in the first place, from individual attitudes, values, and behaviors to laws, institutions, and widespread social norms.

Being Involved is everyone's responsibility: What Can You Do?

All of us can create and promote safe environments. We can intervene to stop concerning behavior; promote and model healthy attitudes and relationships; and believe survivors and assist them in finding resources. The support of friends and family is crucial to the healing journey of survivors of sexual violence. Let survivors in your life know they don't have to walk their path alone.

- ◆ Rape is the most under-reported crime; 63% of sexual assaults are not reported to the police.
- ◆ In four out of five cases of rape, the victim knew the perpetrator.
- ◆ It is estimated that 325,000 children per year are currently at risk of becoming victims of commercial child sexual exploitation.
- ◆ Only 12% of child sexual abuse is ever reported to the authorities.

#1 Trafficking and
Our Kids

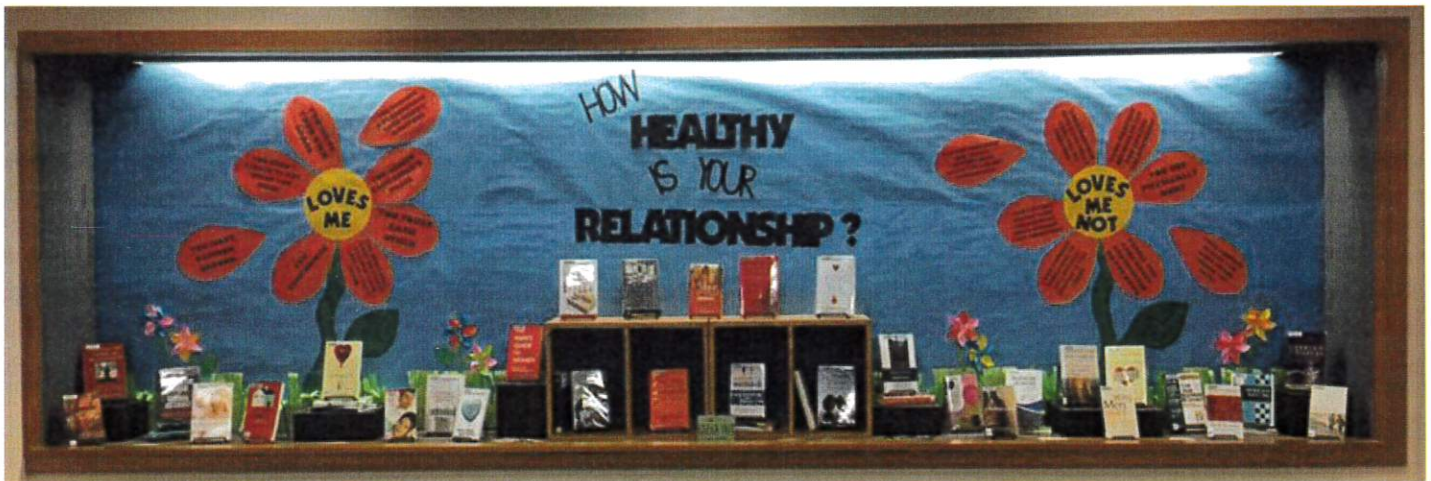
Inside This Issue

#3 Wear Teal Day

#2 Survivors story

Mother and Her Children Find Safe Refuge in the Community of Wayne

After fleeing an abusive partner and family life and taking refuge in a domestic violence shelter in a neighboring state, one mother began searching for a safe and welcoming community to relocate herself and her children, ranging in ages from elementary to high school. This mother was a strong advocate for her family and found the community she needed. Through contact with the Wayne Community Housing Development Corporation (WCHDC), she was able to secure a new residence to call home. The next step was getting her family here. Ms. Weaver from the (WCHDC) contacted Haven House to assist with these needs. Haven House staff networked with the other states shelter staff to coordinate the transportation to Wayne. After a few delays due to logistics and weather the family arrived by bus in Sioux City, Iowa where they were met by a staff member of the Haven Houses' South Sioux City location. They were provided transportation to Wayne where staff at that location took over connecting the mother and family to the area resources and taking them to the new home the family had qualified for through the (WCHDC). Haven House provided additional assistance through donated household items and by providing transportation that enabled the family to purchase additional items they needed. The children have enrolled in school and their new residence is beginning to feel like their home.



Shown Above: Display Built By Haven House at Wayne State College Library— Feb 15-March 15



Intern: Gracie Hansen advocating for Teen Dating Violence Month. Right, Amy Munderloh receives recent grant award from the Wakefield Community Foundation. Presented by Laura Dendinger, Foundation President.

Summary of Statistics January 1st– March 19th 2019

Haven House provided services to a total of 119 individuals.
Emergency shelter services were provided to 9 individuals (5 adults + 4 children). Equaling a total of 176 shelter beds and 528 meals.
Three educational programs, to a total audience of 75. Volunteers contributed more than 208 hours.

Haven House Employs Tyson Foods Partnership Intern



The Tyson Foods Summer Community Internship Program is a partnership between Campus Compact and Tyson Foods to provide an invaluable opportunity for select college students to gain professional experience while making a positive impact in our community.

The program provides full-time college students an eight-week paid summer job to assist community organizations and gain experience with diverse social issues.

Haven House Family Services Center is the recipient of one of the twenty internships awarded for the 2019 summer.

In accordance with the Haven House mission of dedication to eliminating violence in the lives of men, women, and children through empowerment, education, social action and support services. Haven House services include the following: emergency shelter, emergency transportation, protection order assistance, criminal justice, medical, and legal advocacy, peer support groups, child advocacy programs, immigration and referral assistance to survivors of domestic violence and/or sexual assault.

The intern will learn about hunger relief and other services provided to victims of domestic violence and sexual assault. The intern will be involved in encouraging our clients to sign up for adult education. The intern will be involved in helping victims of domestic violence and sexual assault with immigration services.

April 2nd is the *Wear Teal* Day of Action. Please Join the Haven House staff in wearing teal to raise awareness about sexual violence in our communi-

Spotlight on Spring Interns

Gracie is our current intern at the Wayne Haven House location. She is majoring in Psychology with a minor in Sociology at Wayne State College. Gracie is originally from Lynch, Nebraska and is set to graduate in May of 2021. After graduating from Wayne State College Gracie hopes to pursue a graduate degree in Psychology and then move on to work for the ESU as a School Psychologist. Through interning at Haven House Gracie says that she has built new leadership skills and has gained knowledge on new concepts that will help her build a future.



Kyra is our current intern at the South Sioux City Haven House location. She is majoring in General Psychology with a minor in Political Science at Morningside College. Kyra is originally from Omaha Nebraska and is set to graduate in May 2019. She plans to go into social work case management in the Omaha/Bellevue area when she graduates. Kyra says Haven House has helped her tremendously in furthering her knowledge of domestic violence and sexual assault and has helped her become a better advocate for such survivors.



Staff

Amy Munderloh.....	Executive Director
Connie Reyes.....	Shelter Manager
Debbie Goettsch.....	DV/SA Supervisor
Denise Tello.....	Bilingual Advocate
Lisbeth Ramirez	Enhanced Client Advocate
Sara Arguello.....	Shelter Manager
Michelle Meyer	Outreach Coordinator

Board of Directors

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Working With Others to End Sex Trafficking

Haven House is a member of R.E.A.C.T which stands for Response, Education, Awareness, Caring, and Teamwork. This is a multi disciplinary group which includes these other members: Building Blocks Foster Care, Growing Community Connections, SCHAT, South Sioux City Community Schools, SSC Law Enforcement, Dakota County Community Response and individual community members. Together they are working to fulfill the mission which is: Devoted to increasing awareness of sex trafficking, responding to local needs, assessing resources, reducing demand and promoting safety and security. In the spirit of this mission, Haven House co-hosted as a REACT community partner a “**Stop Human Trafficking Before it Starts**” presentation by Stephanie Olsen of The Set Me Free Project at The College Center in SSC, NE. in January. This event was attended by over 40 individuals and covered by KTIV for later airing.

Ms. Olsen provided knowledge on the importance of social media safety and human dignity. The Set Me Free Program equips youth, parents and communities with the information to keep them safe and help them understand their value. They believe there is a big difference between awareness and prevention. Awareness about sex trafficking is important, but without the knowledge to prevent it, the problem will continue. Prevention equals protection. For more information please visit setmefreeproject.net

What is Human Trafficking? Human trafficking is a form of modern-day slavery where people profit from the control and exploitation of others. It is the *Force, Fraud, or Coercion* of a human being for the personal profit and gain of another.

What is Sex Trafficking ? Sex trafficking occurs when people are *forced or coerced* into the commercial sex trade against their will. #TraffickingStopsWithMe

In Nebraska 900 individuals are purchased for sex every month, often multiple times. Based on this number, 70 to 75 percent show some sign of being underage or controlled by a third party – both indicators of trafficking,”

Human Trafficking Initiative 2017



To Our Donors

Dec. 20, 2018- March 19th 2019

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 Alicia Dorcey Mcintosh
 Alissa Quinn
 Annette Rasmussen
 Alyce Henschke
 Ashley Vargas
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 VFW Auxillary of Wayne
 Winside Public Schools

IMO-In Memory Of
SSC-So.Sioux City

We Apologize if your name was inadvertently omitted or incorrectly listed; please contact us at 402-375-5433

HAVEN HOUSE PARTNER PROGRAM

Our partner's program allows us to notify you of immediate client needs, and then you have the option to offer your help or resources for that need.

How does it work?

1. Sign up for the Partners Program by calling 402-375-5433 or e-mail hh@havenhousefsc.org
2. We'll add you to our partner's program database.
3. When new needs arise from our clients, we'll notify all of our partners.
4. Respond if you can help with their need
5. The needs of clients are met!

CAN'T MAKE IT TO THE STORE?

We have a digital wish list where you can shop straight from your phone or computer. It will ship straight to our office when you order.

Shop our digital wish list at www.havenhousefsc.org/wishlist



haven·house
Family Services Center

WISH LIST

Due to limited storage, please call before donating any items not on the wish list.

We recycle cellphones, toners, ink cartridges, digital cameras, MP3 players, laptops, & GPS systems to raise funds to assist with client needs.

Bedding Set (twin or full or queen)	Gas Cards	Gift Cards (Walmart/Dollar General)
Clorox Wipes	Garbage Bags (kitchen size)	Stamps
Toilet Paper	Totes (all sizes)	Copy Paper (8.5" x 11" or 11"x 17")
Household Cleaners (dish soap)	Sandwich bags (quart and gallon)	Fabric Softener
Laundry Detergent	Floor Cleaner	Paper Towels

OFFICE LOCATIONS:

P.O. Box 44 -215 W. 2nd Street – Wayne, NE 68787 – 402-375-5433

117 E. 28th Street – South Sioux City, NE 68776 – 402-494-7592

hh@havenhousefsc.org

www.havenhousefsc.org

HAVEN HOUSE DONATION FORM

Name: _____ Home Phone: _____

Address: _____ Work Phone: _____

City/State: _____ Zip Code: _____

Email: _____

Your gift of \$25 provides one night of safe shelter for an adult & a child. How many nights can you provide?

\$1000 \$500 \$250 \$100 \$50 \$25 Other \$ _____

This gift is in honor of or in memory of _____

May we list your name in the newsletter for donor recognition? YES NO

Would you like to receive our newsletter by MAIL or via E-Mail?

Please make checks payable to Haven House.

Your contributions will support services for survivors of domestic & sexual violence.

Haven House is a nonprofit agency. Gifts are tax-deductible within the extent of law.

Federal Tax ID #47-0611454.