MEET OUR FAMILY PLANNING PROVIDERS AND PROGRAM STAFF



Dena Neiman, ARNP



Staci Sterud, ARNP



Jamie Wright, ARNP

To learn more about our Title X Family Planning Program, talk confidentially with:

Brandi Steck
Family Planning Program Manager
712-252-2477, ext. 1027
bsteck@slandchc.com

FAMILY PLANNING PROGRAM HOURS AND LOCATION

Monday and Wednesday

8:00 AM - 8:00 PM

Friday

8:00 AM - 5:00 PM

Siouxland Community Health Center

1021 Nebraska Street Sioux City, IA 51105 Phone: 712-252-2477

Web: www.slandchc.com

We accept walk-ins and scheduled appointments.

This publication was made possible by grant number FPHPA076259 from the Department of Health and Human Services. Its contents are solely the responsibility of the authors and do not necessarily represent the official views of the Department of Health and Human Services.

Siouxland Community Health Center complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

Siouxland Community Health Center cumple con las leyes federales de derechos civiles aplicables y no discrimina por motivos de raza, color, nacionalidad, edad, discapacidad o sexo.

Siouxland Community Health Center tuân thủ luật dân quyền hiện hành của Liên bang và không phân biệt đối xử dựa trên chủng tộc, màu da, nguồn gốc quốc gia, độ tuổi, khuyết tật, hoặc giới tính.

Siouxland Community Health Center (SCHC) is accredited through the Accreditation Association for Ambulatory Health Care (AAAHC).



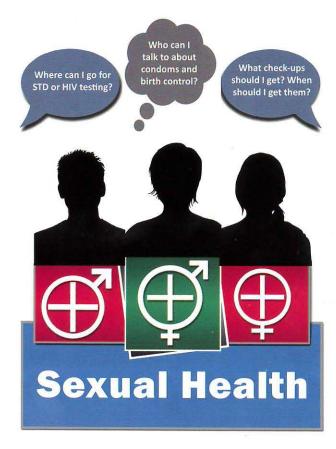


TITLE X FAMILY PLANNING PROGRAM

Prevent HIV and other sexually transmitted diseases

Start your family when you are ready

Maintain wellness for a healthy life



What Services Can I Get at a Title X Family Planning Health Center?

Confidential family planning services for men, women, and teens include:

- Screening for sexually transmitted infections/diseases (STI/STD) and HIV/AIDS
- Treatment for STIs and STDs
- Yeast infection and urinary tract infection (UTI) treatment
- Breast and cervical cancer screenings, as well as other health screenings
- Annual check-ups
- Pregnancy testing, counseling, and referrals
- Full range of birth control information and supplies such as:
 - Birth control pills
 - "The Patch"
 - "The Depo Shot"
 - Intrauterine Device (IUD)
 - The NuvaRing
 - "The Implant" Nexplanon
 - Emergency Contraception "The Morning After Pill"
- Client education and counseling, as well as community education
- Follow-up and referrals for medical and social needs

Abortions are not provided through this program

Pharmacy

Siouxland Community Health Center has an onsite pharmacy where you can pick up your birth control pills, patch, and NuvaRings. You can also get emergency contraception from our onsite pharmacy.

Our pharmacy hours are:

Monday – Thursday 8:30 AM – 8:00 PM Friday 8:30 AM – 5:00 PM

Education and Community Outreach

Education and community outreach programs are also available through the Title X Program at Siouxland Community Health Center. We offer trauma-informed comprehensive sexual and reproductive health education sessions and information for teens, parents, and educators.

Comprehensive sex education addresses both abstinence and age-appropriate, medically-accurate information equipping youth and their parents with the facts they need to keep themselves healthy and safe throughout their entire lives.



Cost of Services

Title X Family Planning health centers offer high-quality and confidential health care. Health care professionals trained in family planning deliver medical services. Educational programs offered through family planning health centers respond to local community needs.

Fees for Title X Family Planning Services are based on ability to pay and often cost less than at other health centers. Services are free for people enrolled in Medicaid and those whose income is below the federal poverty guidelines.

Private insurance and the Family Planning Program waiver are also accepted.

Siouxland Community Health Center has financial counselors onsite who can help you apply for the Family Planning Program waiver and Medicaid before your visit.

Program Eligibility

Title X services are for men, women and teens who are 12 years of age and over. This program is open to all low-to-moderate-income persons, both insured and uninsured, regardless of their ability to pay. You do not need to be a resident of lowa to access these services.