



Wayne  
Community  
Chest



**Wayne**  
215 W 2nd St  
402-375-5433

**South Sioux City**  
117 E 28th St.  
402-494-7592

**Hartington**  
104 N Broadway Ave  
402-254-2553

**Pender**  
206 Main St.  
402-385-8690

**24/7 Crisis Line 1-800-440-4633**  
www.havenhousefsc.org

Fall 2023

Haven House Newsletter

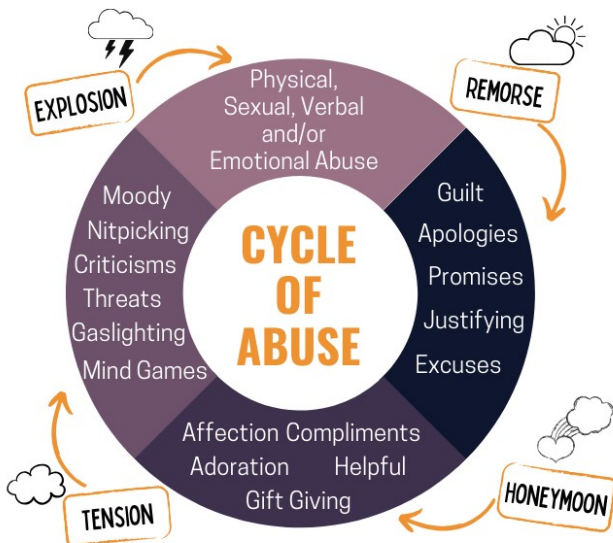
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## October is Domestic Violence Awareness Month

**Domestic Violence** occurs when an individual gains or maintains power and control over their intimate partner or relative.

Homicide is one of the leading causes of death of women under 44 years of age, with nearly half of the victims killed by a current or former intimate partner, according to the CDC. This equates to 2,000 to 3,000 women a year killed by their partners.

More than 1 in 3 women and more than 1 in 4 men have experienced rape, physical violence, and/or stalking by an intimate partner, according to a report released by the Centers for Disease Control and Prevention (CDC).



### Power & Control:

- Coercion & Threats
- Intimidation
- Emotional Abuse
- Isolation
- Denying, Minimizing, & Blaming
- Using Children & Pets
- Privilege
- Economic Abuse

### (VOCA) Funding Cut

Across the state level, agencies that serve survivors of violence were cut over 48% in the federal Violence of Crime Act (VOCA) program. Haven House was cut resulting in a loss of \$145,000 for our VOCA Fiscal Year 2023/2024. With funding cuts, families fleeing violence will be impacted. This funding cut \$50,000 from our transitional housing program resulting in fewer families we can help shield in their own homes as they transition from our shelter services. The remaining \$95,000 was cut on staff wages, benefits, and direct client needs such as food. We are writing grants to get us to make up for the funding cuts. However, we need your help to continue supporting our mission! If you or your business would like to help, please reach out to Debbie at 402-375-5433.



### Adopt-A-Family

Contact our office at (402) 375-5433 or emailing [KatieG@havenhousefsc.org](mailto:KatieG@havenhousefsc.org) with your interest. Our adopt-a-family program provides Holiday cheer for survivors!

**P2**

Staff Highlights | Pender Advocate |  
New Board Member | San Francisco  
Conference

**P3**

Advocate in Action | Askable Adults Matter |  
National Night Out | Adopt-A-Family |

**P4**

Suicide Prevention |  
Support Groups

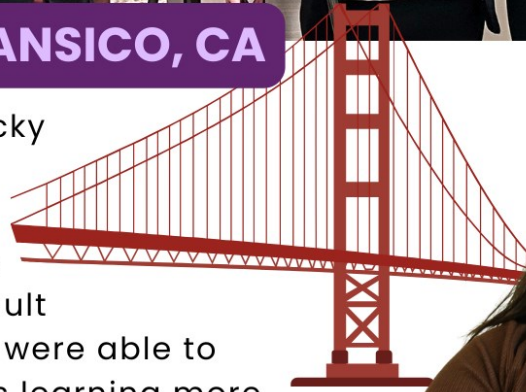
Wish List/Thank You Letter

# STAFF HIGHLIGHTS



## NSAC IN SAN FRANCISCO, CA

Haven House was lucky enough to send 5 advocates to San Francisco, CA for the National Sexual Assault Conference. All staff were able to attend daily sessions learning more about how sexual assault affects different types of people and communities. They networked with people all over the United States on ways to help and support our community on sexual assault.



## NEW PENDER ADVOCATE

Myah Phillips is transitioning from our intern to a permanent advocate position. She is graduating from Wayne State College in December with a bachelor's in criminal justice.

Let's welcome Jessica Dobias to Haven House Board as our treasurer and teammate mentoring. She moved to Wayne 10 years ago right after National Guard basic training. She graduated from WSC with a major in criminal justice and sociology. She is currently the Customer Relations Representative for State Nebraska Bank & Trust. She is happy to give some of her time back to the community through Haven House.



Board of Directors	
Dr. Laura Dendinger – President	Susan Koranda
Berenice Vallejo – Vice President	Lt. Chief Ed Mahon
Domenic Consoli – Secretary	JoAnn Gieselman
Jessica Dobias – Treasurer	Jeanie Sturm

# ADVOCATES IN ACTION



## Askable Adults Matter

In late July, our advocates Katie and Myah attended the Askable Adults Matter training in Columbus. It was headed by the Nebraska Coalition and the Women's Fund of Omaha. At this training, they learned how to be a safe adult for young individuals who have questions about sexual and reproductive health. They were able to connect with other agencies and advocates from all across Nebraska! If you have any questions on what a Askable Adult is or how to become one reach out to us today!



## New South Sioux Office Coming Soon!

In August 2023, Haven House was able to break ground for our new South Sioux Office. The current office in South Sioux City is only 900 square feet. We are excited to have this new facility to provide enhanced services to our clients. We hope to be in our new office by 2024.



## National Night Out

Haven House promoted our strong community and neighborhood presence through outreach in Emerson and South Sioux City. We loved seeing the whole community get together and have a blast.

## SUICIDE PREVENTION



“Unfortunately, we live in a world that if you break your arm everyone runs to sign your cast but if you tell people about you are depressed, everyone runs away to the other side. That’s the stigma we are so accepting of any body part breaking down other than the brains and that is pure ignorance. Ignorance has created a world that does not understand depression or mental health. It is ironic because depression is one of the best documented topic and one of the least discussed pushing it in a corner hoping it goes away.”

Kevin Breel (2013)



### 988 Suicide & Crisis Lifeline -

Dial or text 988 if you or someone you know is having thoughts of suicide or experiencing a mental health crisis or speak with someone you trust.

**The Trevor Project** - Call 866-488-7386 or Text START to 678-678

Supporting LGBTQIA+ young people during times of crisis.

<p><b>Support Groups</b>          Free &amp; Confidential          Childcare provided          Every Tuesday</p>	<p><b>Grupos de Apoyo</b>          Gratis &amp; Confidencial          Cuidaremos a sus Hijos          Cada Martes</p>
<p>Domestic Violence &amp; Sexual Assault          Agresion Domestica &amp; Agresion Sexual</p>	
<p><b>4:00 - 4:45 PM</b></p>	
<p>For more information call          (402) 375-5433          or email          hh@havenhousefsc.org</p>	<p>Para mas informacion llama          (402) 375-5433          Omandanos un correo electronico          hh@havenhousefsc.org</p>