



## What is Elder Abuse?

In general, elder abuse is a term referring to any knowing, intentional, or negligent act by a caregiver or any other person that causes harm or a serious risk of harm to a vulnerable adult.

Typically the victim is 50 years or older. The tactics used by abusers include: Emotional Abuse (threats to leave, divorce or institutionalize the victim), Financial Exploitation (Coerces victim into signing legal documents or paying for things the victim doesn't need.).

Physical Abuse (Slaps, hits, punches, burns, strangles the victim and throws things.) Sexual abuse (Bruises around breasts or genital area, torn or stained underwear, verbalized report of sexual abuse)

Elder abuse is not always easy to spot, but the key to identifying it is to look for a pattern of behavior, physical symptoms, or other events and telltale signs that, in combination, provide evidence of the abuse, neglect or exploitation of an elder.

Every year, an estimated 2.1 million older Americans are victims of physical, psychological, and other forms of abuse and neglect. Elder abuse is underreported; it is estimated that only 1 in 5 cases are reported.

For assistance and/or referrals call  
Haven House 24Hr. Crisis Line  
1-800-440-4633.

To Learn More call the National Center on Elder Abuse  
@ 1-202-898-2586  
(Not a toll-free number)

To Report Abuse of a vulnerable adult call  
1-800-652-1999

(INFORMATION PROVIDED BY NEBRASKA DHHS)

# April - June 2016 REVIEW

### Haven House Locations:

509 Dearborn Street  
Wayne, NE 68787  
(402) 375-5433

M-F: 8:30am to 5:00pm

117 East 28th St  
South Sioux City, NE 68776  
(402) 494-7592

M-F: 8:30am to 5:00pm

24 HOUR CRISIS LINE  
1-800-440-4633

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[www.havenhousefsc.com](http://www.havenhousefsc.com)

CONNECT WITH US  
ON SOCIAL MEDIA!



Haven House is a United Way agency.

# KNOW THE SIGNS HELP STOP ELDER ABUSE

In order to help stop Elder Abuse it is crucial to know what it is and the signs that are exhibited.

## TYPES OF ELDER ABUSE

- **Physical Abuse**—inflicting physical pain or injury on a senior, e.g. slapping, bruising, or restraining by physical or chemical means.
- **Sexual Abuse**—non-consensual sexual contact.
- **Neglect**—the failure by those responsible to provide food, shelter, health care, or protection for a vulnerable elder.
- **Exploitation**—the illegal taking, misuse, or concealment of funds, property, or assets of a senior.
- **Emotional Abuse**—causing mental pain, anguish, or distress on an elder person through verbal or nonverbal acts.
- **Abandonment**—desertion of a vulnerable elder by anyone who has assumed the responsibility for care of that person.

While one sign does not necessarily indicate abuse, some tell-tale signs that there could be a problem are:

- Bruises, pressure marks, broken bones, abrasions, and burns may be an indication of physical abuse, neglect, or mistreatment.
- Unexplained withdrawal from normal activities, a sudden change in alertness, and unusual depression may be indicators of emotional abuse.
- Bruises around the breasts or genital area can occur from sexual abuse.
- Sudden changes in financial situations may be the result of exploitation.
- Bedsores, unattended medical needs, poor hygiene, and unusual weight loss are indicators of possible neglect.
- Behavior such as belittling, threats, and other uses of power and control by spouses are indicators of verbal or emotional abuse.
- Strained or tense relationships, frequent arguments between the caregiver and elderly person are also signs.

### GETTING HELP

You can call our office today to speak to an advocate if you suspect abuse or know someone who is being abused.  
Call us at 402-375-5433.

*\*information from [www.aoa.gov](http://www.aoa.gov)*

**WE NEED YOUR HELP  
TO LET PEOPLE KNOW  
THERE IS HELP!**



GO TO:

[www.havenhousefsc.com/spreadtheword](http://www.havenhousefsc.com/spreadtheword)



## SCHEDULE A FREE PRESENTATION

### AVAILABLE PRESENTATIONS

To receive further information, or to request a speaker on the following topics, call one of our office sites

Dating Violence	Sexual Harassment
Agency Services	Sexual Assault
Child Sexual Abuse	Stalking
Healthy Relationships	Child Abuse
Elder Abuse	Domestic Violence

### *FREE OF CHARGE*

#### STAFF

Nancy Cederlind	Executive Director
Mary Rose Wattier	Criminal Justice Liaison
Connie Reyes	Program Coordinator
Becky Krueger	Shelter Manager
Debbie Ferguson	Sexual Assault Coordinator
Kristyne Cederlind	Outreach Assistant
Georgina Ramirez	Enhanced Advocate
Denise Tello	Bilingual Advocate
Josh Sievers	Prevention Specialist

#### Board of Directors

Laura Dendinger - President	Scot Ford
Deryl Wilcox - Vice President	Susan Koranda
Dennis Lipp - Treasurer	Pat Browning
Michael Carnes - Secretary	

# A LOOK BACK

Some of What happened during April through June

## WALK FOR HAVEN

On April 23, the TKE's hosted a walk/run at Victor Park in Wayne, NE. At this event, Josh, our prevention specialist, presented about Haven House and the TKE's raised \$558.



## COFFEE & CONSENT

During the month of April, we partnered with coffee shops throughout our service area for the coffee & consent campaign. Every coffee that was served had a custom sleeve with awareness information and our 24 Hour crisis line.



## THE HUNTING GROUND

In April, Haven House partnered with The Counseling Center and GEM to do 2 showings of the film "The Hunting Ground" at Wayne State College. This film spoke about sexual assault on college campuses.

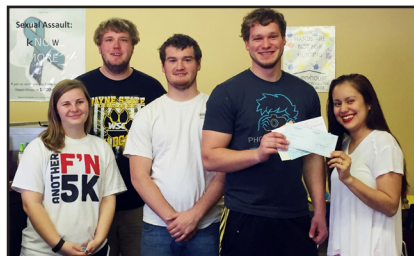
## COMMUNITY RESPONSE TEAMS

In every county of our service area, we work with various officials to respond together to various situations. Here is a picture of Connie & Mary Rose with the Wayne & Thurston County CRT.



## 24 HOUR REMOTE

Starting on April 7th, the Wayne State College Radio Station held their annual 24 hour remote. During this 24 hour period they raised over \$300 to donate to Haven House. Pictured are the WSC students presenting the check to Denise, our bilingual advocate.



## HAVEN HOUSE STATISTICS

(January-May OF 2016)

- Haven House provided services to a total of **254** unduplicated individuals.
- Emergency shelter services were provided to a total of **44** individuals (**17** adults + **27** children) equaling a total of **231** nights, **961** shelter beds, and **1,269** meals.
- **8** educational programs were provided to a total audience of **1,389**.
- Volunteers contributed a total of **2,384** hours.



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You shop. Amazon gives.

Already shop at Amazon?  
Get 0.5% of your eligible purchases  
donated to Haven House!

- Support Haven House by shopping at [smile.amazon.com](https://smile.amazon.com).
- When you create your free amazon smile account, select **Haven House Family Services Center** as your charity/organization.



WOULD YOU HELP  
US GO GREEN?!

We'd love for you to stay updated about Haven House and if you use an e-mail address, we'd love to send you our digital newsletter.

Sign up to receive our  
digital newsletter!  
[www.havenhousefsc.com](http://www.havenhousefsc.com)  
402-375-5433



## Haven House Extends Thanks to the Following Donors

We apologize if your name has been inadvertently omitted or incorrectly listed; please contact us at 402-375-5433.

*\*IHO: IN HONOR OF    \*IMO: IN MEMORY OF*

*Names are from donations between March 28th and June 7th*

### **INDIVIDUAL**

Anderson, Bonnie  
Beebe, Lori  
Beckman, Ruth  
Broveak, Marilyn  
Brown, Dick  
Domiinisse, Pat  
Durante, Celste  
Farley, Kelly  
Greunke, Staci  
Haase, Jon & Sherry  
Hasemann, Scott  
Jeshke, Cardyn  
Klein, Jolene  
Kneifl, Mary  
Koeber, William & Valerie  
Koebler, William & Valerie  
Konieczny, Jenny  
Kramer, Jenel  
Latorra, Jennifer  
Leise, Gerald (Rev.)  
Meyer, Nancy

Moulhair, Arianna  
Neuhalfen, Sue  
Nichols, Gary  
Nordhues, Kim  
Odens, Jenne  
Pearson, April  
Riegsecker, Paige  
Rosenbaum, Connie  
Rudin, Catherine  
Stout, Helen  
Vakoc, Carolyn

### **BUSINESS**

91.9 The Cat - WSC  
Back In Touch - Wayne  
Caroll United Methodist Church - Carroll  
Catholic Womens Club - Randolph  
The Coffee Shop - Wayne  
Country Classics 4-H - Wayne  
Dakota Perk - S. Sioux  
Doescher Appliance - Wayne  
Farmers & Merchants Bank - Wayne

First Lutheran Church - S. Sioux  
First United Methodist Church - Wayne  
Gideons Auxilery (Concord Group)  
Holy Trinity Preschool - Hartington  
Journey Christian Church - Wayne  
The Koffe Kennection - S. Sioux  
Ley Land and Cattle - Crofton  
Miss Molly's Coffee Co - Wayne  
Norm Waitt YMCA - S. Sioux  
Presbyterian Womens Association - Wayne  
Shopko - Wayne  
S. Sioux Community Schools  
State NE Bank and Trust - Wayne  
St. Frances PCCW (c/o) Barb Burbach  
St. Luke WELCA - Emerson  
Tau Kappa Epsilon - WSC  
Trinity Lutheran Ladies Aid - Ponca  
United Lutheran Church - Laurel  
Walmart - S. Sioux  
Wayne Country Club - Wayne  
WSC Foundation

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## HAVEN HOUSE PARTNER PROGRAM



At times, we have clients who have specific needs that are beyond the basic resources we have available. This is where our partner's program comes in to play. It works similar to our adopt-a-family program, but on an item-needed basis. If you want to directly affect the lives of our clients, the partner's program is for you. Our partner's program allows us to notify you of immediate client needs, and then you have the option to offer your help or resources for that need.

### **How does it work?**

- 1) Sign up for the Partners Program by calling 402-375-5433 or emailing [havenhouse@qwestoffice.net](mailto:havenhouse@qwestoffice.net).
- 2) We'll add you to our partner's program database.
- 3) When new needs arise from our clients, we'll notify all of our partners.
- 4) Respond if you can help with their need.
- 5) The needs of clients are met!

# haven·house

## *WISH LIST*

**Due to limited storage, please call before donating any items not on the wish list.**

We recycle cellphones, toners, ink cartridges, digital cameras, MP3 players, laptops and GPS systems to raise funds to assist with client needs.

Gas Cards	Copy Paper	Cleaner (toilet, bathroom, house hold or drain)
Garbage Bags (kitchen size)	(8.5"x11" or 11"x17"-28 lb)	Disinfectant Wipes
Diapers: 4 & 5 Sizes	Glue Sticks	Shaving Razors
Baby Wipes	Snack Size Cereal	Light Bulbs (65 & 100 Watt)
Tissues	Fruit/Jello Cups/Snacks	Toilet Seat
Paper Towels	Juice Boxes	Vinyl Mini Blinds (call for size)
Dish Soap	Stamps	Step Stool (2 Steps)
HE Detergent	3-in-1 Car Seat	Barkeeper's Friend (powder kind)
Liquid Fabric Softener/Sheets	Scotch Tape for Dispenser	Gift Cards
Toilet Paper	Batteries	(walmart/shopko/caseys)

### OFFICE LOCATIONS:

P.O. Box 44 – 509 Dearborn Street – Wayne, NE 68787 – 402-375-5433

117 E. 28th Street- South Sioux City, NE 68776 – 402-494-7592

## HAVEN HOUSE DONATION FORM

Name: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Address: \_\_\_\_\_ Work Phone: \_\_\_\_\_

City/State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_

Your gift of \$25 provides one night of safe shelter for an adult and a child. How many nights can you provide?

\_\_\_\$1000 \_\_\_\$500 \_\_\_\$250 \_\_\_\$100 \_\_\_\$50 \_\_\_\$25 \_\_\_Other \$\_\_\_\_\_

This gift is ☐ in honor of or in ☐ in memory of \_\_\_\_\_

May we list your name in the newsletter for donor recognition? \_\_\_YES \_\_\_NO

Please make checks payable to Haven House.

Your contribution will support services for survivors of domestic and sexual violence.

Haven House is a nonprofit agency. Gifts are tax-deductible within the extent of the law.

Federal Tax ID #47-0611454



## SCHOOL SUPPLY DRIVE

Summer might have just started, but soon school will start again! Help us by donating a variety of school supplies.

These supplies will go to the children of our clients who are affected by domestic & sexual violence.

### SCHOOL SUPPLY IDEAS:

backpacks	glue (bottled or sticks)
crayons/colored pencils	highlighters/markers
erasers	notebooks
facial tissue	pencils/pens
folders/binders	pencil box/pouch

Or ask your local school for a supply list!

Drop off school supplies at either of our office locations during business hours.

## BECOME A VOLUNTEER

We need volunteers just like you to join our team.  
**YOU CAN MAKE A DIFFERENCE!**

Volunteers make all the difference in helping bring an end to domestic & sexual violence in Northeast Nebraska.

We have a variety of volunteer needs, and you can help as little or as much as you want!

### **Want to become a volunteer?**

Contact us today! Call us at 402-375-5433 or email us at [havenhouse@qwestoffice.net](mailto:havenhouse@qwestoffice.net) with your interest.

