



## MOVIE NIGHT!

Come out and join us for a night about  
combatting sexual assault on college campuses.

### **THE HUNTING GROUND** - FREE ADMISSION -

April 6th at 9:00 pm

or

April 13th at 9:00 pm

RAMSEY THEATER  
WAYNE STATE COLLEGE  
1111 Main St  
Wayne, NE

Watch the trailer online at our website:  
[www.havenhousefsc.com](http://www.havenhousefsc.com)

Brought to you by: GEM, The Counseling Center  
& Haven House



**Interested in volunteering at Haven House?**

**Training provided online or in person!**

If you would like to learn more about some great  
volunteer opportunities, please call us TODAY!

402-375-5433.

**Outreach Help** - Help Distribute awareness & outreach  
material through our service area.

**Shelter Advocate** - Be an advocate & support system  
for our shelter clients

**Child Care Assistance** - Work with survivor's children or  
child survivors in crisis situations.

**Transportation Assistance** - Help provide transportation &  
advocacy to survivors.

**Office Help** - Help with the day-to-day duties around  
the office and shelter.

**Housekeeping** - Lend aid to help maintain shelter  
& advocacy facilities.

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## WHAT'S ON THE CALENDAR?!

Here's a quick look at some things we'll be doing!

### APRIL:

#### SEXUAL ASSAULT AWARENESS MONTH

- April 6th @ 9pm: Showing of "The Hunting Ground" at Ramsey Theater in Wayne, NE
- April 13th @ 9pm: Showing of "The Hunting Ground" at Ramsey Theater in Wayne, NE
- **DENIM DAYS:** During the month of April we are encouraging businesses to let their employees wear denim to help us bring an end to sexual assault!
- Keep your eyes open for our displays at libraries, schools and courthouses across the service area.

## DENIM DAY 2016

### What's the purpose?

To raise awareness of sexual violence and support your local sexual assault crisis center.

### How does it work?

There are no set standards for participation. Some organizations allow employees and students to wear denim in exchange for a pledge to support a local sexual assault crisis center. This not only helps raise awareness but increases funds to provide the services for survivors of sexual assault.



### Let us know!

We have awareness packets available for groups that participate in Denim Day. Please contact us at [havenhouse@qwestoffice.net](mailto:havenhouse@qwestoffice.net) or call us at 402-375-5433 so we can send you your free awareness packet!

**HISTORY OF DENIM DAY:** It began in 1992 when an 18 year old in Italy was picked up by her driving instructor to begin a driving lesson. Soon after, she was raped on the side of the road by the instructor. She pressed charges and won her case. The instructor appealed, and the case went to the Italian High Court.

In 1999 the court overturned the conviction with a member of the High Court declaring that since the victim wore very tight jeans, the instructor could not have removed them himself, therefore the victim must have willingly participated. Women of the Italian legislature protested the decision by wearing jeans. As news of the decision spread, so did the protest. In April 1999 the state of California established the first Denim Day in the United States.

# January - March 2016 REVIEW

### Haven House Locations:

509 Dearborn Street  
Wayne, NE 68787  
(402) 375-5433

M-F: 8:30am to 5:00pm

117 East 28th St  
South Sioux City, NE 68776  
(402) 494-7592

M-F: 8:30am to 5:00pm

**24 HOUR CRISIS LINE**  
**1-800-440-4633**

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[www.havenhousefsc.com](http://www.havenhousefsc.com)

CONNECT WITH US  
ON SOCIAL MEDIA!



Haven House is a United Way agency.

# A LOOK BACK

Some of What happened during January through March

## A PLEDGE FOR HEALTHY RELATIONSHIPS!

Over 1,000 of South Sioux City High School students gathered together to sign the Healthy Relationship Oath! They pledged to maintain relationships based on respect!



## HAVEN HOUSE STATISTICS (ENTIRE YEAR OF 2015)

- Haven House provided services to a total of **271** unduplicated individuals.
- Emergency shelter services were provided to a total of **62** individuals (**26** adults + **36** children) equaling a total of **499** nights, **2,068** shelter beds, and **6,204** meals.
- **47** educational programs were provided to a total audience of **937**.
- Volunteers contributed a total of **7,338** hours.

## Chief Ford Retires from Department



One of our current board members & local police chief, Scot Ford, retired from the South Sioux City Police Department after 42 years of service. On January 22nd, our staff joined Chief Ford at his retirement party in South Sioux City. We are looking forward to having Chief Ford continue his service on the Haven House board.

## WE NEED YOUR HELP TO LET PEOPLE KNOW THERE IS HELP!



Would you help us spread the word?

Head online to download a variety of tools to use to raise awareness.

[www.havenhousefsc.com/spreadtheword](http://www.havenhousefsc.com/spreadtheword)



## WOULD YOU HELP US GO GREEN?!

We'd love for you to stay updated about Haven House and if you use an e-mail address, we'd love to send you our digital newsletter.

**Sign up to receive our digital newsletter!**  
[www.havenhousefsc.com](http://www.havenhousefsc.com)  
402-375-5433

## Teaching Respect!



Haven House staff helped teach the youth from the Norm Waitt Sr. YMCA in South Sioux City about what respect is. When everyone works together, we can help bring an end to domestic and dating violence.

## LOVE SHOULD NEVER HURT!

These local school students wore orange in February to let others know that Love Should Never Hurt. Dating relationships should not be based on fear. They should be based on love & respect.



## BE A DOOR HOLDER

Help us let people in your community know that there is help if they are experiencing domestic or sexual violence!



Contact us for more info!  
[havenhouse@qwestoffice.net](mailto:havenhouse@qwestoffice.net)  
402-375-5433

# APRIL IS SEXUAL ASSAULT AWARENESS MONTH!



**amazon**smile  
You shop. Amazon gives.

**Every 107 seconds, another American is sexually assaulted.**

Sexual assault is any type of forced or coerced sexual contact or behavior that happens without consent. It includes rape and attempted rape, child molestation, and sexual harassment or threats.

## Sexual assault is never the survivor's fault!

This crime knows no boundaries and you or even people you know may have been sexually assaulted. The good news is that you don't have to be alone any more. If you've been affected by sexual assault recently or long ago and need to heal, our advocates are here to listen and to offer any resources that are at our disposal for you. You don't have to be alone!

### SURPRISING STATISTICS!

- 44% of survivors are under age 18.
  - 80% are under age 30.
  - Approximately 293,000 sexual assaults occur every year.
  - 68% of sexual assaults are not reported to police.
  - Approximately 80% of survivors knew their attacker.
  - 47% of rapists are friends or acquaintances.
- \*Stats provided from [www.rainn.org](http://www.rainn.org)

### Sexual Assault Resources

We have a variety of resources available to take at our Haven House office locations. Stop by between 8:30am to 5pm on Monday through Friday and pick up some free resources. \*Materials & services also available in Spanish\*

Head over to [www.havenhousefsc.com](http://www.havenhousefsc.com) and link over to our youtube channel for some great videos on sexual assault.

[www.rainn.org](http://www.rainn.org)

If you already shop at Amazon, you can have 0.5% of your eligible purchases get donated to Haven House!

- AmazonSmile is the same Amazon you know. Same products, same prices, same service.
- Support Haven House by starting your shopping at [smile.amazon.com](http://smile.amazon.com).
- When you create your free amazon smile account, select **Haven House Family Services Center** as your charity/organization.

## PRESENTATIONS AVAILABLE

To receive further information, or to request a speaker on the following topics, call one of our office sites

|                       |                   |
|-----------------------|-------------------|
| Dating Violence       | Sexual Harassment |
| Agency Services       | Sexual Assault    |
| Child Sexual Abuse    | Stalking          |
| Healthy Relationships | Child Abuse       |
| Elder Abuse           | Domestic Violence |

## ***FREE OF CHARGE***

### STAFF

|                    |                            |
|--------------------|----------------------------|
| Nancy Cederlind    | Executive Director         |
| Mary Rose Wattier  | Criminal Justice Liaison   |
| Connie Reyes       | Program Coordinator        |
| Becky Krueger      | Shelter Supervisor         |
| Debbie Ferguson    | Sexual Assault Coordinator |
| Kristyne Cederlind | Outreach Assistant         |
| Georgina Ramirez   | Enhance Advocate           |
| Denise Tello       | Bilingual Advocate         |
| Josh Sievers       | Prevention Specialist      |

### Board of Directors

|                               |               |
|-------------------------------|---------------|
| Laura Dendinger - President   | Scot Ford     |
| Deryl Wilcox - Vice President | Susan Koranda |
| Dennis Lipp - Treasurer       | Pat Browning  |
| Michael Carnes - Secretary    |               |



## Haven House Extends Thanks to the Following Donors

We apologize if your name has been inadvertently omitted or incorrectly listed; please contact us at 402-375-5433.

*\*IHO: IN HONOR OF \*IMO: IN MEMORY OF*

### **INDIVIDUAL**

Backstrom, Virginia  
 Beatty, Kelli  
 Bermel, Vicki  
 Brown, Dick  
 Burmester, Renee  
 Carlson, Mikenzie  
 Clover, Kelsey  
 Clover, Kelsey  
 Feilmeier, Rachel  
 Grage, Jean  
 Gubbels, Sarah  
 Gunsolley, Debby  
 Henderson, Mary  
 Henderson, Tom & Marcia  
 Henfner, George  
 Herman, Molly  
 Hubbard, Roger & Beverly  
 Koeber, William & Valerie & Family: IMO Ken Dahl  
 Korn, Gail  
 Lammers, Braden  
 Lammers, Ethan  
 Lauer, Steven & Kathy  
 Mahnke, Pat  
 Karen Marra: IMO Jean Doyle  
 Milander, Jon & Carol  
 Miller, Audra  
 Moormeier, Karn  
 Mueller, Marlene  
 Owens, Randall & Lori  
 Perefoy, Jakie

Prokop, Shirley  
 Ring, Stacy  
 Ruwe, Beverly  
 Scholten, Deb  
 Svoboda, Ivan: IMO Sherrill Svoboda  
 Walz, Jan and Richard: IHO Daughter & Granddaughters  
 Weible, Helen

### **BUSINESS**

18th Street Soap Co. - Lincoln  
 American Broadband - Wayne  
 Concordia Lutheran WELCA - Wayne  
 Creighton Community Schools  
 Dairy Queen - Wayne  
 First Lutheran Church - South Sioux City  
 GEM Club - Wayne State College  
 Holy Cross Catholic Church - Beemer, NE  
 Holy Trinity Preschool - Hartington  
 L.W.E.F.C - South Sioux City  
 Our Savior Lutheran church - Wayne  
 Providence Wellness Center - Wayne  
 Quality Foods - Wayne  
 Security Bank of Coleridge - Coleridge  
 St. Josephs Parish - Fordyce  
 St. Rose Counsel of Catholic women - Crofton  
 United Lutheran Church - Laurel  
 United Methodist Church - Laurel  
 Walmart - South Sioux City  
 Wayne Activity Center - Wayne  
 Winside Public School - Winside



## HAVEN HOUSE PARTNER PROGRAM

At times, we have clients who have specific needs that are beyond the basic resources we have available. This is where our partner's program comes in to play. It works similar to our adopt-a-family program, but on an item-needed basis. If you want to directly affect the lives of our clients, the partner's program is for you. Our partner's program allows us to notify you of immediate client needs, and then you have the option to offer your help or resources for that need.

### **How does it work?**

- 1) Sign up for the Partners Program by calling 402-375-5433 or emailing [havenhouse@qwestoffice.net](mailto:havenhouse@qwestoffice.net).
- 2) We'll add you to our partner's program database.
- 3) When new needs arise from our clients, we'll notify all of our partners.
- 4) Respond if you can help with their need.
- 5) The needs of clients are met!

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## WISH LIST

**Due to limited storage, please call before donating any items not on the wish list.**

We recycle cellphones, toners, ink cartridges, digital cameras, MP3 players, laptops and GPS systems to raise funds to assist with client needs.

- |                             |                             |
|-----------------------------|-----------------------------|
| Gas Cards                   | Copy Paper                  |
| Garbage Bags (kitchen size) | (8.5"x11" or 11"x17"-28 lb) |
| Diapers: 4 & 5 Sizes        | Glue Sticks                 |
| Tissues                     | Red Pens                    |
| Paper Towels                | Snack Size Cereal           |
| Dish Soap                   | Fruit Cups/Snacks           |
| HE Detergent                | Juice Boxes                 |
| Liquid Fabric Softener      | Stamps                      |
| Toilet Paper                | 3-in-1 Car Seat             |
|                             | Scotch Tape for Dispenser   |



**BECOME A HAVEN HOUSE PARTNER**

Help us fulfill immediate client needs by joining our partners program.

How does it work? 

Flip over to the other side to find out!

OFFICE LOCATIONS:

P.O. Box 44 – 509 Dearborn Street – Wayne, NE 68787 – 402-375-5433

117 E. 28th Street- South Sioux City, NE 68776 – 402-494-7592

### HAVEN HOUSE DONATION FORM

Name: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Address: \_\_\_\_\_ Work Phone: \_\_\_\_\_

City/State: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_

Your gift of \$25 provides one night of safe shelter for an adult and a child. How many nights can you provide?

\_\_\_\$1000 \_\_\_\$500 \_\_\_\$250 \_\_\_\$100 \_\_\_\$50 \_\_\_\$25 \_\_\_Other \$\_\_\_\_\_

This gift is  in honor of or in  in memory of \_\_\_\_\_

May we list your name in the newsletter for donor recognition? \_\_\_YES \_\_\_NO

Please make checks payable to Haven House.

Your contribution will support services for survivors of domestic and sexual violence.

Haven House is a nonprofit agency. Gifts are tax-deductible within the extent of the law.

Federal Tax ID #47-0611454